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[The Problem With Self-Medicating And Bipolar Disorder](#)

# SELF-MEDICATING & THE DANGERS OF IT



## WHAT IS SELF-MEDICATING?

Using substances to combat symptoms often self-diagnosed



## WHY PEOPLE DO IT?

Most people prefer it because it's convenient plus it's much more cost-effective which is a big driving factor as well.



## THE DANGERS OF SELF-MEDICATION

- *Wrong diagnosis*
- *Overdose*
- *Masking other diseases*
- *Falling into addiction*



## THE DANGERS OF SELF-MEDICATION

*People desperately seek self comfort & so turn to intoxicating substances for it:*

- *Alcohol*
- *Opioids*
- *Cocaine*
- *Amphetamines*



## SOURCES

<https://en.wikipedia.org/wiki/Self-medication>

<http://www.healthline.com/health/depression/forms-self-medication>

<https://www.psychologytoday.com/blog/addicted-brains/201208/addiction-self-medication?collection=104256>

[http://www.huffingtonpost.com/dr-tian-dayton/self-medication\\_b\\_3236724.html](http://www.huffingtonpost.com/dr-tian-dayton/self-medication_b_3236724.html)



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If you are struggling with bipolar disorder and with a drug or alcohol problem, ... is that a large percentage of individuals attempt to self-medicate with drugs and .... March 2016 Volume 24, Issue 3, Supplement, Pages S130–S131 ... Alcohol and Marijuana Use to Self-Medicate Bipolar Disorder Symptoms in Later Life: A .... But according to a 1990 study, 56% of bipolar patients also have a substance abuse problem, which can make treatment even more difficult. Experts say that some bipolar patients are known to self-medicate with drugs or alcohol—though it's not recommended. In fact, they say, it does more harm than good.. Once known as “manic depression,” bipolar disorder causes mood ... addiction require special treatment to confront both issues at once. ... It's common for people with bipolar disorder to self-medicate with drugs and alcohol.. Self-help tips for managing bipolar disorder, coping with symptoms, and ... Managing bipolar disorder starts with proper treatment, including medication and ... If you catch the problem early and act swiftly, you may be able to .... The Difficulties of Diagnosing Bipolar Disorder in Children and Adolescents. Although the ... formulated the self-medication hypothesis, which proposes that .... The term self-medicating simply means using a substance or engaging in a ... Genetics: Again, addiction and depression are largely genetic issues, and those ... Comorbidity: Treating Bipolar Disorder and Substance Abuse at the Same Time.. You don't have to have bipolar disorder or schizophrenia, or even a diagnosable ... Read about the signs of self medicating and how to seek help. ... New or unusual financial problems because of the cost of alcohol and drugs .... Get information about the relationship between bipolar disorder and substance abuse, including various hypotheses about “self-medication” and more. ... to as schizophrenia) and manic depression (a broad category of issues .... Common Drugs Used for Self-Medication of Mental Illness ... of those battling bipolar disorder will struggle with issues involving alcohol abuse.. The self-medication hypothesis suggests that there's an underlying cause, often ... When trouble is imminent, the first instinct is to head for cover, what we ... with mental health disorders, such as depression or bipolar disorder.. One explanation for this comorbidity is the self-medication hypothesis, which posits ... only one disorder, and as such is a major public health problem. ... Bipolar 2 disorder had the highest prevalence of SM with alcohol only .... This form of self-medication can be a little difficult for outsiders to understand, but it's ... A study of the issue in the journal Health Services Research suggests that the ... drugs or alcohol, so they can medicate the symptoms of anxiety they feel and ... Diagnosis · Chronic Depression · Obsessive Compulsive · Bipolar Disorders .... An undetected bipolar disorder may be standing in your way. ... have unknowingly been self-medicating bipolar depression or the high level of irritability that often ... how mood swings have driven the drug or alcohol problems.. The highest prevalence of self-medication was seen in bipolar I disorder (41.0%) ... reports on the link between depressive symptoms and alcohol use problems.. Addiction & Depression: Self-Medicating with Drugs and Alcohol ... Many patients who are diagnosed with depression, bipolar disorder or another mental illness also were living with untreated drug or alcohol problems.. Self-Medicating is a term often used when a person uses drugs or alcohol to deal with mental health issues such as depression, anxiety, or PTSD for ... Bipolar disorder: This disorder is a SMI characterized by significant mood .... These typically include anxiety disorders, major depression, bipolar disorder, ... If this is so, what's the problem with self-medication? Wouldn't a .... Understand why people self-medicate with alcohol or over-the-counter drugs. ... Self-medication is the use of drugs or other substances to treat self-recognized or self-diagnosed health problems. ... For generations, people have self-medicated to cure an ailment or illness or to cope with life, often ... Bipolar and Addiction.. “Dual diagnosis” is a term used when an individual suffers from both an addiction issue and a mental health disorder – and both are usually ... 640313382f

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